

NAMI KDK General Meeting Minutes
May 12, 2020 6:00 p.m.
Virtual Meeting via Zoom

VISION - *NAMI KDK is dedicated to the eradication of the stigma of mental illness by improving the quality of life of all those striving for mental wellness.*

MISSION - *The mission of NAMI KDK is to provide mental health education, support, and advocacy for individuals, family members and communities.*

Present: **Executive Director:** Laura Martinez
 BOD: Judy Brawka, Kim Buckheister, Liz Eakins, Kate Fish, President Regina Harris, Kathryn Mazurek, Dianne McLaughlin, Lindsey Lindicoatt, Doug Rashkow
 Members: Annie Fish, Jessica Isaacson, Carol Klopp
 Guests: Sharon Grant

- I. **Call to order** – The meeting was called to order by ED Martinez at 6:04 p.m. A quorum was present. Members in attendance exceeded 10% of the General Membership as required in the By-laws (6 required based on current membership).
- II. **Welcome** – ED Martinez welcomed those in attendance, and extended thanks for participation in and patience during the first General Meeting conducted remotely with technology. Annie Fish was recognized for her assistance in the evening’s presentation. ED utilized a detailed Power Point (Attachment One) in her presentation. ED shared the poem “Overcoming” by Poet Laureate Grant Bell. NAMI KDK officers, Board members, staff, interns and volunteers were identified and thanked for service.
- III. **Fiscal Year 2019-20 in Review** - NAMI KDK served community members during 2,083 encounters between July, 2019, thru April, 2020. Of additional note: Unfortunately, Ending the Silence presentations were curtailed since March due to COVID-19, as were other support group meetings until Zoom virtual connections were in place.
- IV. **Keynote Address:** No keynote address was presented this year.
- V. **Voting of the Membership** – Due to By-law requirements of written ballots for the election of Officers and Directors, written ballots were mailed to the General Membership on Tuesday, May 5, along with a letter of instruction (Attachment Two) and a stamped return envelope. ED reminded members that returned ballots should be posted no later than Thursday, May 14 to arrive on time to be tallied the next week of May 18th.¹ Results will be posted on the NAMI KDK website. ED thanked Jessica Isaacson for preparation of the most grant applications in one year for the organization. ED shared future plans for posting educational webinars and podcasts on the NAMI KDK website; initiating Support Groups in Spanish; and NAMI KDK participation in community events when resumed.
- VII. **Meeting was adjourned** at 6:35 p.m.

Respectfully submitted,
Judith M. Brawka, Secretary

¹ Following Illinois Supreme Court Rules on Civil Procedure, service by mail was completed on Saturday, May 9th, four (4) days after mailing. By-laws required a minimum of five (5) days for casting the ballot, until Thursday, May 14. Four (4) days were allowed for return of the ballot by mail to NAMI KDK, so that the earliest date to tally ballots would be Tuesday, May 19.